

**SUMMER'S JUST AROUND THE CORNER...**

**TRANSFORM YOUR BODY IN 10 WEEKS!**

**Train Smart...Train Boston**



**It's time to get started!**

- \* Train 4 days per week with top elite trainers!**
- \* Healthy Eating, beginning with a 7-day cleanse**
- \* Proper Supplementation to energize you**
- \* Result Oriented Training System to track your progress**



**Sign up now! 781-263-9993 - [info@trainboston.com](mailto:info@trainboston.com)**

**Sessions Begin April 10th (Cleanse starts April 3rd)**

**34 Washington Street- Wellseley, MA**

*TrainBoston.com*